

Luoyang



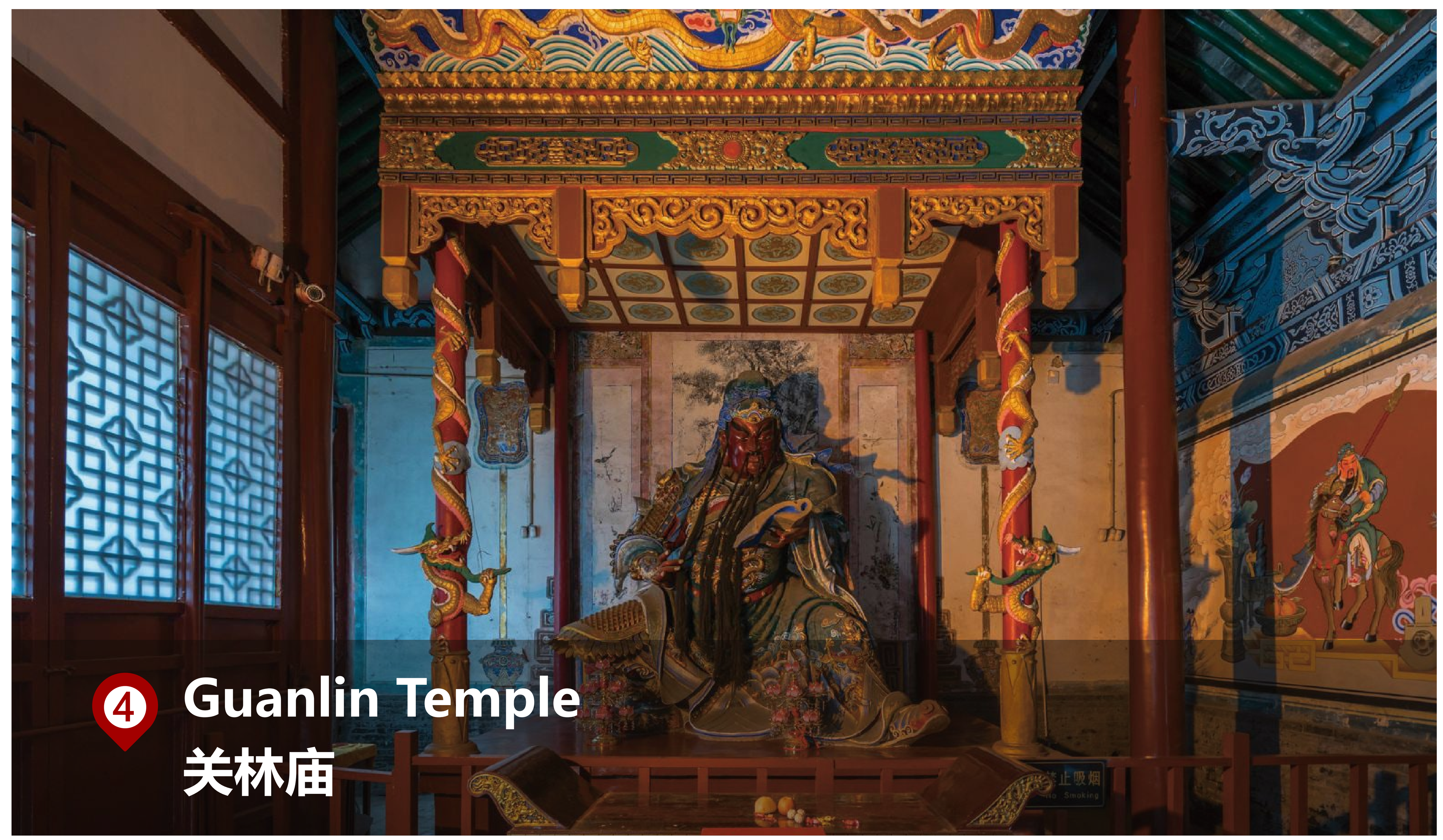
1 Sui and Tang Paradise Mingtang Scenic Area
隋唐天堂明堂景区



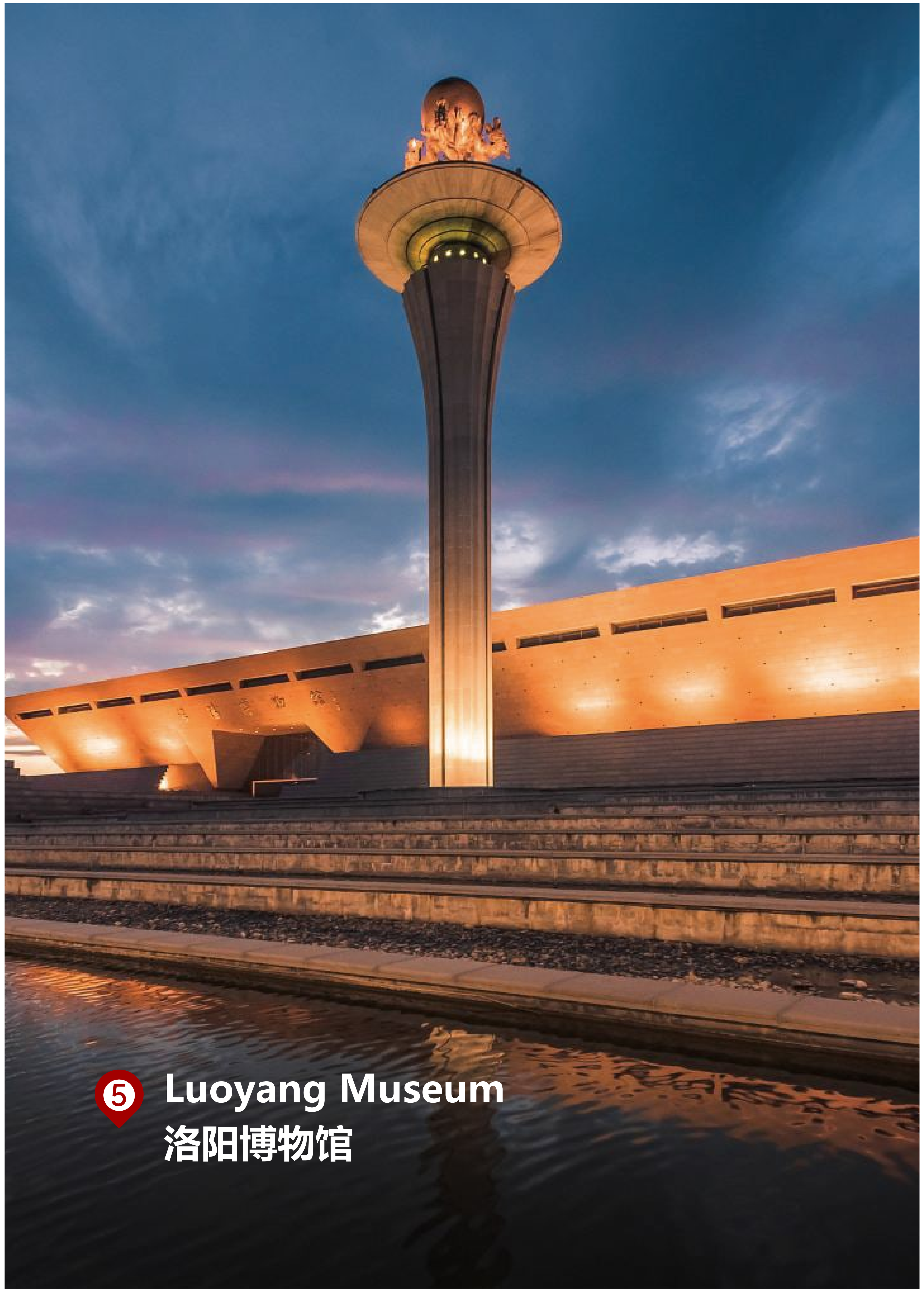
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Brief

Luoyang's scenic spots are rich in cultural characteristics. The Longmen Grottoes are an artistic treasure that demonstrates the carving skills of the ancients; the White Horse Temple, as the ancestral home of Buddhism, carries a profound Buddhist culture; the ruins of Luoyang City in the Sui and Tang Dynasties show the atmosphere of the prosperous Tang Dynasty; the Luoyang Museum houses many rare treasures and tells the history of the ancient capital; Laojun Mountain is a famous Taoist mountain, where the natural scenery and Taoist culture complement each other, attracting countless tourists to experience its unique charm.

Why Go Here

- Profound historical and cultural heritage
- Beautiful natural scenery
- Rich specialties
- Unique peony culture
- Prevalent Hanfu culture

Basic info

Time zone：CST (UTC+8)

Area code：+86/0379

Postal code：471000

Language：Mandarin

Currency：RMB, called "Yuan", "Jiao", "Mao",

10 Jiao = 1 Yuan

Plug：

Voltage：220V

Frequency：50 Hz

Currency conversion：

RMB：￥

US dollars：1 USD = 7.2559 RMB

1 RMB = 0.1378 USD

SOS

Police: 110
Medical Care: 120
Traffic Accident: 122
Fire Emergency：119

Sights

Sui and Tang Paradise Mingtang Scenic Area 隋唐天堂明堂景区



TMingtang Paradise Scenic Area is located in the core area of the "Ziwei City" ruins of the Tang Dynasty's capital Luoyang Imperial Palace. It was once an important place for Wu Zetian to govern, worship Buddha, and live. It is now part of the Sui and Tang Luoyang City National Heritage Park and is a must-see attraction in Luoyang.

Address

Northwest corner of the intersection of Zhongzhou Road and Dingding Road in the old city of Luoyang 洛阳市老城区中州路与定鼎路交叉口西北角

Recommended play time：3 hours

Opening Hours

09:00-22:00; Ticket sales stop at 21:00; Admission stops at 21:00 (Monday to Sunday, January 1st to December 31st)

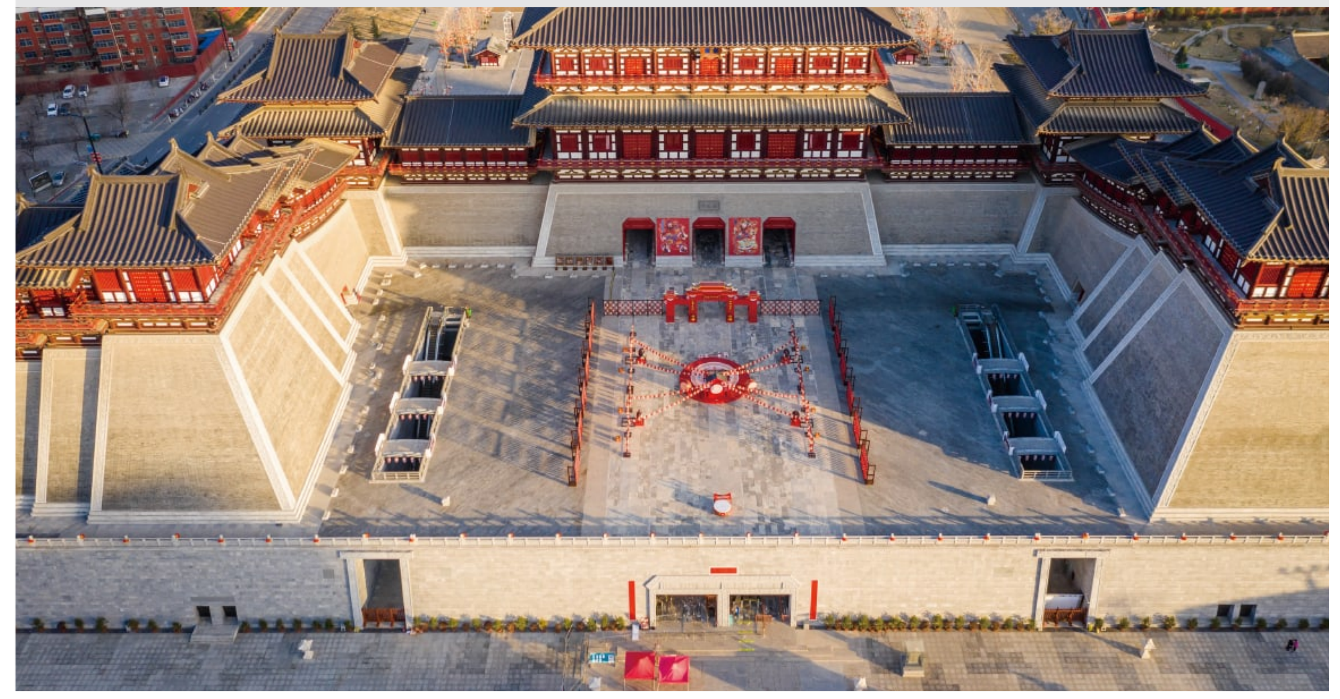
Transportation

- ① You can take bus No. 4, 49, or 101 to [Zhongzhou Middle Road Dingding Road Intersection Station] and walk 500 meters to the destination.

- ② From Luoyang Station, take bus No. 5, 48, or 41 to [Zhongzhou Middle Road and Dingding Road Intersection] and get off to the south gate of the scenic area.

- ② From Longmen High-speed Railway Station, take bus No. 33 or 76 and transfer to bus No. 81, 53, or 61 to [Zhongzhou Middle Road and Dingding Road Intersection] and get off to the south gate of the scenic area.

② Sui and Tang Yingtianmen Ruins 隋唐应天门遗址



Yingtian Gate is the south gate of Ziwei City. It was built in the first year of the Sui Dynasty. It was once named Zetian Gate, and later renamed Yingtian Gate and Wufeng Tower. It is the place where major state affairs and diplomatic activities are held. Many important ceremonies are held here. Its function is similar to that of the Wumen Gate in Beijing. It is an "A"-shaped building complex.

Address

No. 23, Dingding South Road, Laocheng District, Luoyang City, Henan Province 河南省洛阳市老城区定鼎南路23号

Recommended play time：3 hours

Opening Hours

09:00-22:00 all year round

Transportation

- Take bus No. 505 North Line/No. 998 to Dingding South Road Zhongzhou Road Intersection (bus stop) and walk to the destination.

③ Sui and Tang City Ruins Botanical Garden 隋唐城遗址植物园



The Sui and Tang City Ruins Botanical Garden was built in December 2005 at the ruins of Luoyang City of the Sui and Tang Dynasties. Based on the plants and ruins culture of western Henan, it has 17 specialized gardens with more than 2,000 species of plants. The Qianzi Peony Garden includes multiple gardens and more than 1,200 varieties of peonies.

Address

Wangcheng Bridge South Botanical Garden, Luolong District, Luoyang City, Henan Province 河南省洛阳市洛龙区王城大桥南植物园

Recommended play time: 3 hours

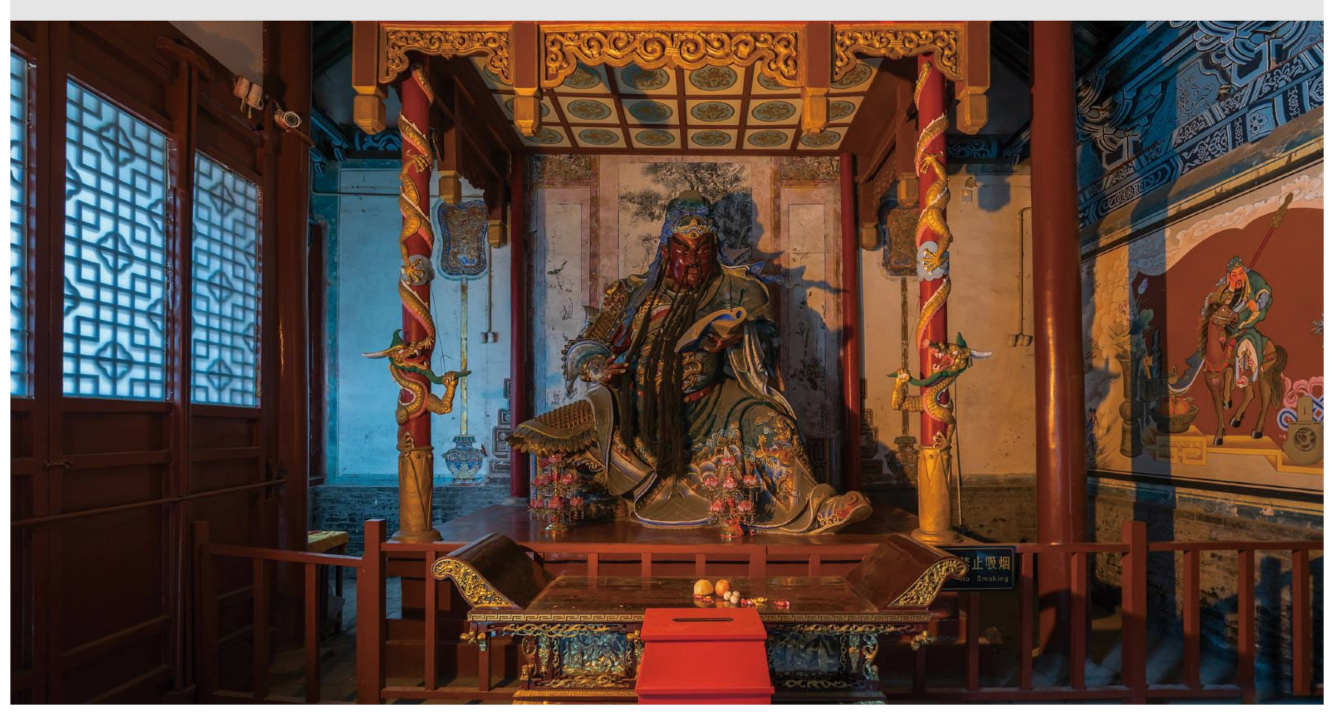
Opening Hours

All year round 06:30-22:00

Transportation

- Take bus No. 37/49/503 and get off at Sui Tang Cheng Road and Wang Cheng Avenue Intersection (bus stop), and walk to the destination.
- Take subway Line 2 and get off at Sui Tang Garden (subway station), and walk to the destination from Exit D.

④ Guanlin Temple 关林庙



Guanlin got its name from the burial of Guan Yu's head. It was first built in the Wanli reign of the Ming Dynasty and expanded in the Qianlong reign of the Qing Dynasty. It covers an area of 100 mu and is a classic building that combines tomb, temple and forest. It was built in the form of a palace and has a unique dance building. There are many stone tablets and ancient cypresses here. An international pilgrimage ceremony is held every September 29th.

Address

No. 2 Guanlin South Road, Luolong District, Luoyang City, Henan Province 河南省洛阳市洛龙区关林南路2号

Recommended play time: 3 hours

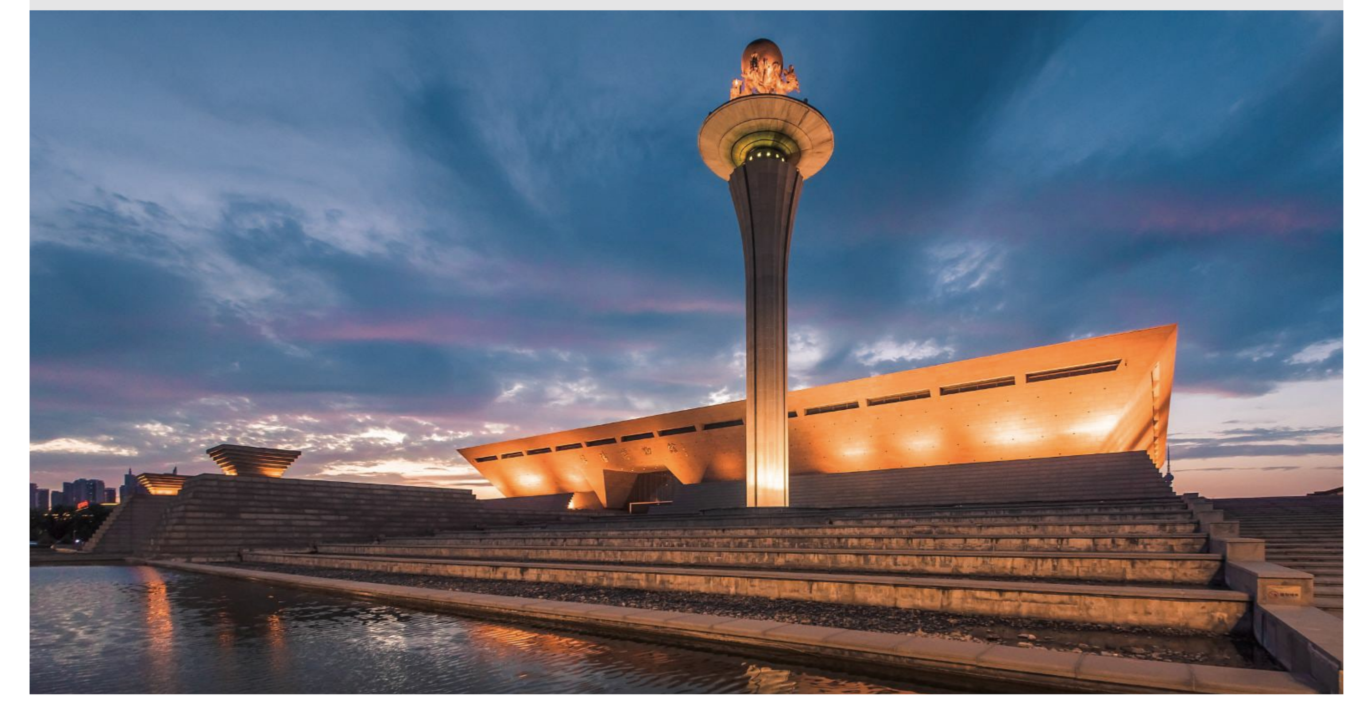
Opening Hours

08:30-17:30 (January 1st - December 31st, Monday to Sunday)

Transportation

- Take bus No. 58, 15, 39 or 55 and get off at Guanlinmiao Station. You can walk to the destination.

⑤ Luoyang Museum 洛阳博物馆



The Luoyang Museum echoes the city's landmarks. The new museum is shaped like a large tripod, implying "establishing the capital in Luoyang". It consists of a main building and an auxiliary building. The main building has two floors, with the first floor for general exhibitions and the second floor for boutique exhibitions. A total of more than 11,000 cultural relics are on display, including both local unearthed objects and treasures allocated by the Palace Museum.

Address

Nietai Road, Luolong District, Luoyang City, Henan Province 河南省洛阳市洛龙区聂泰路

Recommended play time：3 hours

Opening Hours

09:00-17:00 (Tuesday-Sunday, July 18-July 19)

09:00-18:00 (Monday-Thursday, Sunday, July 20-August 31)

09:00-20:00 (Friday-Saturday, July 20-August 31)

Transportation

- Take bus No. 77/1 to Luoyang Museum bus stop and walk about 211 meters to arrive.

⑥ Longmen Grottoes 龙门石窟



Longmen Grottoes is a world cultural heritage site in Luoyang, Henan. It is divided into West Mountain Grottoes and East Mountain Grottoes by the Yi River. West Mountain Grottoes were excavated from the Northern Dynasties to the Sui and Tang Dynasties, and are the essence of the area, including the Vairocana Buddha statue in Fengxian Temple and the "Twenty Pieces of Longmen" in Guyang Cave. Most of the East Mountain Grottoes are works from the Tang Dynasty. Together, the two constitute this great artistic treasure.

Address

No. 13, Longmen Middle Street, Luolong District, Luoyang City, Henan Province

河南省洛阳市洛龙区龙门中街13号

Recommended play time：5 hours

Opening Hours

08:00-21:00 (January 1st - December 31st, Monday to Sunday)

Transportation

- ① Take Baiyuan-Longmen Grottoes to get off at [Baiyuan] Station and walk for about 1 minute to arrive.
- ② Take bus No. 89 to get off at [Zhanggou] Station and walk for about 2 minutes to arrive.
- ③ Take bus No. 167, No. 53, K53, No. 60, K60, No. 71, No. 81, K81, No. 99, K99, V9, Luoyang-Miaoshui to get off at [Longmen Grottoes] Station and walk for about 5 minutes to arrive.

⑦ White Horse Temple 白马寺



As the first temple built by the government after Buddhism was introduced to China, the White Horse Temple is known as "China's No. 1 Ancient Temple". The existing ruins and historical sites of the Yuan, Ming and Qing dynasties are located on the north-south central axis. The Main Hall is the main hall, and there are other buildings such as the Heavenly King Hall. There are many Yuan Dynasty lacquer statues in the temple, which are very precious.

Address

No. 6, National Highway 310, Chanhe Hui District, Luoyang City, Henan Province 河南省洛阳市瀍河回族区310国道6号

Recommended play time：3 hours

Opening Hours

07:40-18:40 (April 1-November 30, Monday-Sunday)

08:00-17:30 (December 1-March 31 of the following year, Monday-Sunday)

Transportation

- Bus: Take bus No. 56 from Luoyang Railway Station and get off at the terminal; take bus No. 58 from Guanlin Temple and get off at the terminal.
- Driving: Lianhuo Expressway- Baima Temple Station of Erguang Expressway-Baima Temple Town of National Highway 310.

Shaolin Temple 少林寺



Shaolin Temple is the birthplace of Chinese Zen Buddhism and Shaolin martial arts. Today, its ancient Buddhist culture and exquisite Shaolin martial arts are well-known both at home and abroad.The complex includes the permanent residence and pagoda forest, which are in the style of Han-style temples.

Since the film "Shaolin Temple" was broadcast, Shaolin Kung Fu has become famous all over the world, and you can learn about the lives of the great monks of all generations here.

Address

Songshan Shaolin Scenic Area, Dengfeng City, Zhengzhou City, Henan Province 河南省郑州市登封市嵩山少林风景区内

Recommended play time：4 hours

Opening Hours

07:00-17:00 (January 1st - December 31st, Monday to Sunday)

Travel Season

◎ Zhengzhou has a typical continental monsoon humid climate with four distinct seasons and a mild climate. The annual average temperature is 14.4℃, and most of the rainfall is concentrated in July, August and September. Spring and autumn are the best seasons for tourism, with clear skies and blooming flowers.

Laojun Mountain Scenic Area
老君山景区



Laojun Mountain is the main peak of Funiushan Mountain. It is said that Laozi once lived in seclusion here to practice cultivation. It is more than 2,000 meters above sea level. There are palaces and temples. It was a Taoist holy place in ancient times. The scenic area not only sells local specialties, but also has famous landmarks such as the statue of Laozi riding a cow and the golden statue of Taishang Laojun.

Address

Group 21, Qiliping Village, Luanchuan County, Luoyang City, Henan Province 河南省洛阳市栾川县七里坪村21组

Recommended play time：6 days

Opening Hours

All day (Monday to Sunday, January 1st to December 31st)

Transportation

- From Jinyuan Bus Station (also known as the long-distance bus station) in Luoyang, take the bus to Luanchuan County, get off at Laojunshan Intersection, and then change to a local vehicle to reach the ticket office of the scenic spot. The Luoyang-Luanchuan bus runs every 20 minutes during the day, and the journey takes about 2-3 hours (about 2 hours on the highway).

Travel Season

◎ The most economical way to travel to Laojun Mountain is by self-driving, or you can find a travel agency in Luoyang to join a one-day tour. The top of Laojun Mountain is about 2,000 meters above sea level, with lush vegetation and low temperatures. It is recommended to bring extra coats when visiting in summer, especially for tourists who want to watch the sunrise the next day.

Eating

Luoyang's food is rich and varied, making people salivate. Luoyang Water Banquet is a thousand-year-old famous banquet, with 24 dishes that flow like clouds and water. Peony bird's nest is cleverly dressed with shredded radish, which is sour and spicy and appetizing. Beef soup is slowly boiled with beef bones for several hours, and the soup is white and mellow, which is a must-try when paired with oil-spinning sesame cakes. The no-turn soup is sour and spicy, and the paper-thin mung bean "no-turn" cakes are soft and fragrant.

◆ Luoyang Water Feast 洛阳水席

Originated from the Tang Dynasty, it is famous for its 24 soup dishes, including "eight cool and sixteen hot", which are constantly changing. Among them, Peony Bird's Nest is the top dish, with shredded radish carved like bird's nest, floating in the sour soup like a blooming peony.



◆ **Beef Broth 牛肉汤**

The soup is made from cattle bones from Funiushan Mountain and is boiled for several hours. The soup is clear in color but mellow in taste. It is paired with freshly baked oil-fried sesame cakes or deep-fried meatballs. After being soaked in the soup, it is extremely delicious.



◆ **Unstirred Soup 不翻汤**

The dish was created in the late Qing Dynasty. When making pancakes, there is no need to turn them over. This unique process gave it its name. The soup base is very particular. Selected pork bones and chicken racks are stewed over a slow fire for several hours until the bones are crispy and the meat is rotten, and the rich and fresh flavor is fully melted in the soup.

When served, add the thin green bean pancakes, smooth vermicelli, fresh kelp and other rich ingredients. The sour and spicy taste is instantly stimulated. One bite can not only dispel fatigue, but also sober up and stimulate the appetite.



◆ **Noodles With Starch 浆面条**

As a representative home-cooked delicacy in Luoyang, mung bean milk noodles carry the childhood memories and life feelings of countless Luoyang people. Its production is unique. First, the mung bean milk is carefully fermented and transformed into mellow sour milk for cooking noodles. The noodles become soft but tough under the sour milk. After being taken out of the pot, the soup exudes a rich sour fragrance, which arouses appetite. It is then served with crispy chopped celery, plump and fragrant soybeans, and drizzled with hot and spicy chili oil. Stir well, and every bite is the most beloved home-cooked taste of Luoyang people.



◆ Luoyang Pot Stickers 洛阳锅贴

Luoyang pot stickers, as a bright name card of Luoyang cuisine, have always been famous for their "thin skin, rich fillings, crispy outside and tender inside". Among the various fillings, leek and pork fillings stand out and become a classic in the hearts of diners. When making it, the dough is carefully rolled and wrapped with a sufficient amount of fresh and fragrant fillings. During the frying process, the dough is poured in at the right time. When the dough is heated and evaporated, a beautiful icy and crispy bottom is condensed at the bottom of the pot stickers. Dip it in special vinegar and take a bite, and the delicious juice bursts on the tip of your tongue instantly.



Notes

Hospital

● Luoyang Central Hospital

洛阳市中心医院

Address：No. 288, Zhongzhou Middle Road, Xigong District, Luoyang City, Henan Province.

Tel：0379 - 63892222

Website：https://www.lyszxyy.com/

Opening hours：24 hours

● Luoyang Dongfang People's Hospital

洛阳市东方人民医院

Address：No. 36, Xiyuan Road, Jianxi District, Luoyang City, Henan Province

Tel：0379 - 64978898

Website：https://www.lydfyy.com/index.html

Opening hours：24 hours

● Luoyang No.5 People's Hospital

洛阳市第五人民医院

Address：Taikang Road Campus is located at No. 505, Taikang East Road, Luolong District, Luoyang City, Henan Province

Tel：0379 - 63215886

Website：http://www.lyswy.com/index.html

Opening hours：24 hours

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Luoyang Attractions Map

